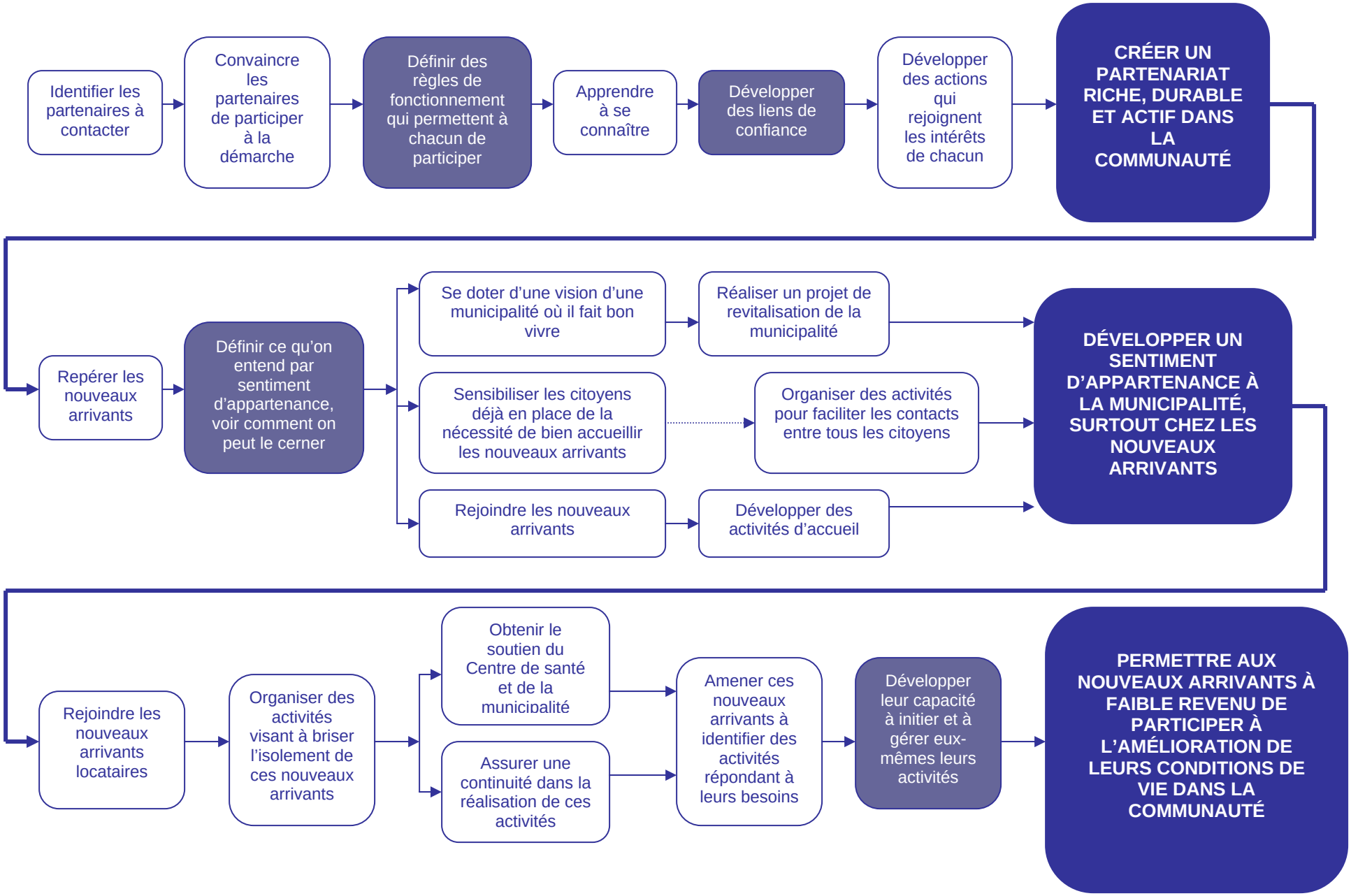La théorie de l'action de Val-Pin-en-santé